

PHEW! An olympic legacy for Malmesbury

# EVENTS

## Horse riding - Free taster sessions

Sat 16 Aug, Sun 14 Sep, Sat 4 Oct



Rein & Shine are running free sessions for anybody wanting to try horse riding or get back in the saddle again.

Riders must be over 4 years old and be a maximum weight of 15 stones or 95kg.

All sessions must be pre-booked and there is only one place for each rider (you cannot book multiple days).

Places are allocated on a first come first served basis. There are only a finite number of places available so don't delay - book your place now!  
(see PHEW! website for booking details)

## Malmesbury Bowls & Social Club

### Open Day

Saturday 26th July — 11:00am to 5:00pm



Come and try bowls, there will be members on hand to show you what to do. You will need flat shoes but everything else will be provided.

- Free tuition
- Tombola
- Table top sale
- Book & Jigsaw sale
- Coffee, tea and biscuits all day
- Bar open from 12:00 noon

Everyone Welcome

Also free drop in sessions where you can learn more on Mondays at 2.15pm and Thursdays at 6.15pm

### Archaeological Guided Walk

Sat 26 July: Knap & Walkers Hills - 2:00pm

### 55-mile Cycling Road Race stage

& free coaching for 7 - 12 year olds

Sun 27 July: Sherston

### Fun in the Sun - Sports for young people

Mon 28 July, 4 Aug, 11 Aug, 18 Aug:

Grittleton

Wed 30 July, 6 Aug, 13 Aug, 20 Aug:

Sherston, Crudwell & Minety

### Disability Inclusion Holiday Programme

Wed 20 Aug: Trowbridge

Thu 21 & Fri 22 Aug: Salisbury

Tue 26 Aug: Chippenham

### Carnival Mile & 10k runs

Sat 30 Aug: Malmesbury

### Skittles Challenge

Sat 30 Aug: Malmesbury Victoria FC

### Half-Marathon

Sun 21 Sep: Malmesbury

### Boules Taster sessions

Every Thursday: Boules at the Red Bull Malmesbury - 7:15pm

Every Friday: Upper Thames Boules Club, Leigh - 9:45am

### Morris Dancing taster session

Malmesbury Morris

September

### Longbow Archery taster session

Braydon Forest Archers

September

(most events free to participate or watch - see website for details)

## Whitefriars Sailing Club

### Open Day

Sun 7 September



Whitefriars Sailing Club are holding an open day including taster sessions.

They're a friendly club open to all ages and levels of experience. If you want to learn to sail they offer RYA courses at all levels. There is racing on Wednesday evenings during Summer as well as almost every Sunday of the year. There are many social events including the annual regatta and hog roast and the dinner and dance.

WSC also has a very successful Sailability Group, where members with disabilities can enjoy sailing with help from volunteers.

The club is always open to new members

## River fly monitoring

### Training session

Sat 16 August

Malmesbury

Being active doesn't have to be about playing sports or working out in the gym. If you'd like to try something different BART (Bristol Avon Rivers Trust) are training volunteers to monitor river flies which are an important indicator of a river's

health. Get out and about in the countryside and make a real difference to your environment.

You will be trained by experts and will be given all the equipment you need.



## Malmesbury Kite Festival

Sat 2 and Sun 3 August - 10:00am - 5:00pm

The Wortheys, Malmesbury



Now in its fifth year, the Malmesbury Kite Festival will be bringing you some of the top kite flyers in the UK and Europe.

There will public competitions and opportunities to learn to fly a kite. Bring your own kite if you have one. If you don't, our kite trader will have a range to suit all tastes and budgets.

Public Competitions

Kite Flying displays

Parachute your teddy bear

Look out for the exciting Rokkaku Kite fighting competition on each day. Rokkakus are traditional Japanese fighting kites. The objective is simple – bring all your opponents to the ground and be the last kite still flying!

## Short mat bowls taster Session

Mon 4 August - 7:30pm

Crudwell

Short mat bowls is played by all ages and all abilities. It can be competitive or social and often it's a bit of both. It will keep you fit and active and



it's a very popular sport so you are never alone if you play bowls. Because it's an indoor game you can play all year round.

Come along and give it a try. All you need are flat shoes and a willingness to have a go.

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[legacymalmesbury.org.uk](http://legacymalmesbury.org.uk)